



Occupational Therapist

COMPANY OVERVIEW

THRU Project empowers youth with a history of foster care to build independent, successful futures by bridging the gap between foster care and adulthood. Guided by our core values—Fortitude, Accountability, Inclusion, Innovation, and Respect—we provide mentorship and essential resources to help youth overcome barriers and achieve their fullest potential.

THRU Project fosters a trauma-informed work environment grounded in safety, trust, collaboration, empowerment, and cultural humility. We integrate these principles into all aspects of our work, recognizing trauma's impact on individuals and communities.

As a team member, you will:

- Engage with clients, colleagues, and partners with sensitivity to trauma.
- Participate in training to deepen your understanding of trauma-informed care.
- Help build a supportive, inclusive, and respectful environment.

We seek candidates who embody empathy, adaptability, and a commitment to equity and healing-centered practices.

SUMMARY OF POSITION

The occupational therapist (OT) provides occupational therapy services to young adults with a history of foster care living in the San Antonio community. The OT serves THRU Project clients, ages 18-25, to enable them to achieve their maximum potential and live as independently as possible. This position works closely with members of the THRU Project team to provide organizational support and help strengthen programs. The OT reports to the Director of Programs.

RESPONSIBILITIES

- Provide in-home, community-based, and/or virtual occupational therapy services to transition-age youth, ensuring alignment with evidence-informed practices.
- Utilize evidence-informed tools and approaches to assess clients, identify person-centered goals, and implement interventions that enhance occupational performance.
- Design, execute, and apply individual and group interventions using a client-centered, occupation-based approach to support participation in daily activities and roles.
- Identify, utilize, and recommend clients to appropriate resources, coordinating referrals to the necessary level of care as needed.
- Collaborate with the THRU Project team to support client success and optimize program outcomes.

- Adhere to state and federal regulations, including mandatory reporting laws, HIPAA, the OT Practice Act, and funding program requirements.
- Maintain accurate and timely documentation in the electronic charting system, ensuring compliance with agency policies and procedures.
- Utilize Microsoft Office applications and other organizational tools to effectively manage communication and program requirements.

EDUCATION & EXPERIENCE

- Master's degree in occupational therapy required, doctoral of occupational therapy preferred
- Previous practice experience, Level II Fieldwork, or capstone experience with children, adolescents, and/or young adults with behavioral health needs preferred
- Current BLS/CPR for Healthcare Providers

REQUIREMENTS

- Hold a current license from the Texas Board of Occupational Therapy Examiners.
- Possess a valid driver's license, access to a personal vehicle, and auto insurance meeting practice requirements.
- Demonstrate cultural competence and sensitivity, honoring diverse beliefs and lifestyles in service provision.
- Exhibit compassion and trauma-informed practices when interacting with clients, colleagues, and community stakeholders.
- Display strong written and verbal communication skills for effective collaboration and client support.
- Manage time and caseload efficiently to meet program demands.
- Utilize current technology and mobile communication devices effectively to adhere to organizational standards.

COMPENSATION & BENEFITS

- This is a full-time, hourly position for 40 hours per week. Starting salary is \$70,000 annually to increase after one year of demonstrated success.
- Flexible, hybrid work environment
- Benefits include medical, dental, vision, and life insurance, 120 hours of vacation, 56 hours of sick leave, 16 paid holidays, a 401(k) option and multiple opportunities for professional development.

Please send your cover letters and resumes to chris@thruproject.org.
THRU Project is an Equal Opportunity Employer.